University of Massachusetts at Boston

UMB. 1-20

Boston Sports Medicine Institute

Sports Medicine/
Athletic Training Seminar
June **18–22**, 1984

Boston Sports Medicine Institute

The Boston Sports Medicine Institute at the University of Massachusetts at Boston conducts a five-day seminar in sports medicine for coaches, athletic trainers, teachers of physical education, and professionals and students in allied health fields. Morning lectures will deal with anatomy, with the nature, management, and treatment of injuries, and with rehabilitation after injuries. These lectures will be followed by demonstrations involving evaluation and assessment. Afternoon lectures by physicians will explain surgical procedures currently in use. A daily lab session will involve practical work in taping, wrapping, protective padding, and physical examination of the extremities.

Program

Monday, June 18

8:00–8:30	Registration—Building 020 Lounge
8:30–9:00	Welcome and Introduction—Denise Myer, Administrative Coordinator, Boston Sports Medicine Institute
9:00–10:30	Lecture: "Ankle: Anatomy, Injuries, Management, Treatment, Rehabilitation, and Surgery"—Dr. Alfred Roncarati, R.P.T., A.T.C.
10:45–12:15	Demonstration and Practice: "Ankle: Evaluation and Assessment"—Staff
12:15–1:00	Lunch
1:00–2:30	Lecture: "Podiatry in Sports Medicine"—Dr. Lloyd Smith
2:45–4:15	Daily Lab—Brian Fitzgerald and staff
4:30–5:30	Lecture: "Orthopedic Management of Injuries in Adolescents"—Dr. Diane English

Tuesday, June 19

9:00–10:30	Lecture: "Knee: Anatomy, Injuries, Management, Treatment, and Rehabilitation"—Nicholas Passeretti, R.P.T., A.T.C.
10:45–12:15	Demonstration and Practice: "Knee: Evaluation and Measurement"—Staff
12:15–1:00	Lunch
1:00–2:30	Lecture: "Modalities Used in Sports Medicine"—Nicholas Passeretti, R.P.T., A.T.C.
2:45–4:15	Daily Lab—Brian Fitzgerald and staff
4:30–5:30	Lecture: "Knee: Arthroscopic Evaluation and Surgical Procedures"—Dr. George McNanama

Wednesday, June 20

9:00–10:30	Lecture: "Upper Extremities and Elbow: Anatomy, Injuries, Management, Treatment, and Rehabilitation"—Kim Bissonnette, A.T.C.
10:45–12:15	Demonstration and Practice: "Upper Extremities and Elbow: Evaluation and Assessment"—Staff
12:15–1:00	Lunch
1:00–2:30	Daily Lab—Brian Fitzgerald and staff
2:45–4:15	Lecture: "Athletic Injuries in Women: Current Treatment Concepts"—Gayle E. Olson, A.T.C.
4:30–5:30	Lecture: "Shoulder: Orthopedic Management and Surgery"—Dr. William Southmayd

Thursday, June 21

9:00–10:30	Lecture: "Head, Neck, and Back: Anatomy, Injuries, Management, Treatment, and Rehabilitation"—James Bucciarelli, A.T.C.
10:45–12:15	Demonstration and Practice: "Head, Neck, and Back: Evaluation and Assessment"—Staff
12:15–1:00	Lunch
1:00–2:30	Lecture: "Isokinetic Evaluation and Rehabilitation"—Peter Stone, R.P.T.
2:45–4:15	Daily Lab: Consideration of Physical Examination of the Extremities—Brian Fitzgerald and staff
4:30–5:30	Lecture: "Neck and Back Management"—Dr. Lyle Micheli

Friday, June 22

9:00–10:15	Lecture: "Current Concepts in Strength Training"—LeBaron Caruthers
10:30–11:45	Lecture: "Current Concepts in Conditioning"—Joseph Donahue
11:45–12:15	Question and Answer Session—LeBaron Caruthers and Joseph Donahue
12:15–1:00	Lunch
1:00–2:30	Written Examination for Credit Participants

Director

The Boston Sports Medicine Institute is directed by Dr. Alfred Roncarati, R.P.T., A.T.C. Dr. Roncarati is Associate Professor of Physical Education at the University of Massachusetts at Boston as well as a privately practicing physical therapist. He was formerly Head Trainer at Northeastern University.

Professional Staff

Kim Bissonnette, A.T.C., Athletic Trainer, Northeastern University, Boston, MA
James Bucciarelli, A.T.C., Head Trainer, Sports Medicine Center, St. Elizabeth's Hospital, Boston, MA
LeBaron Caruthers, Strength and Conditioning Coach, New England Patriots
Joseph Donahue, Strength and Conditioning Coach, Northeastern University, Boston, MA
Brian Fitzgerald, R.N., Athletic Trainer, University of Massachusetts at Boston
Gayle E. Olson, A.T.C., Head Women's Trainer, Wheaton College, Norton, MA
Nicholas Passeretti, R.P.T., A.T.C., Physical Therapist; formerly Head Trainer, Boston University
Peter Stone, R.P.T., Sports Medicine Resource Center, Brookline, MA

Participating Physicians

Dr. Diane English, Orthopedic Surgeon, St. Elizabeth's Hospital, Boston, MA
Dr. George McNanama, Orthopedic Surgeon, Sports Medicine Department, Children's Hospital, Boston, MA
Dr. Lyle Micheli, Orthopedic Surgeon, Sports Medicine Department, Children's Hospital, Boston, MA
Dr. Lloyd Smith, Podiatrist, Sports Medicine Center, St. Elizabeth's Hospital, Boston, MA
Dr. William Southmayd, Orthopedic Surgeon; Director, Sports Medicine Resource Center, Brookline, MA

General Information

Location

University of Massachusetts at Boston
Harbor Campus
Boston, MA 02125

Fees

$215.00 (non-credit option)
$357.50 (credit option). Three UMass/Boston undergraduate credits (additional readings, examination, and term paper required).

Certificate

A certificate will be awarded to each participant who completes the seminar. Those participants affiliated with the organizations listed below will be awarded Continuing Education Units (CEUs) as indicated:
National Athletic Trainers Association:
2 CEUs
Office of Emergency Medical Services, Massachusetts Department of Public Health:
10 CEUs

Registration

Register by mail, by telephone, or in person by June 8, 1984. You may pay with MasterCard or VISA or with a check (made payable to the University of Massachusetts at Boston). Enrollment is limited to 100 students. Confirmation and a campus map will be sent upon our receipt of your course and registration fee. For further information, call (617) 956-1000.

Housing

Limited dormitory housing is available from the afternoon of Sunday, June 17, through the morning of Saturday, June 23, at Emmanuel College, located in Boston's Fenway. The rates are $132.00 for double occupancy; $162.00 for single occupancy. This includes three meals a day (but only dinner on Sunday and brunch on Saturday), linen, and parking on the Emmanuel campus. A separate check for housing should be made payable to Emmanuel College. For students who would prefer hotel/motel accommodations, a list of area hotels and motels is available. For further information, call (617) 956-1000.

Registration

Registration Form

Please accept my registration for the Sports Medicine/Athletic Training Seminar.

○ Enclosed is my payment of $215.00 (non-credit option)

○ Enclosed is my payment of $357.50 (credit option)

○ Enclosed is a separate check for housing, payable to Emmanuel College

Name S.S. No.

No. & Street

City, State, Zip

Home telephone Work telephone

MasterCard/Visa only

Account number Expiration date

Customer name

Customer signature

Check only

Enclose a check payable to University of Massachusetts at Boston.

Send this form with payment by June 8 to:

University of Massachusetts at Boston
Division of Continuing Education
Attn: Janice Kinahan
Harbor Campus
Boston, MA 02125

Publications Office
84.163/3.84/6M

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Boston, MA 02125

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